

Congratulations!
You have made it
to college

How do you feel?



Feeling overwhelmed and nervous
is completely normal.

We will work this out together.

Getting to know yourself



What are my strengths in learning?



What are my weaknesses in learning?



What are my academic interests?



What are my post-college goals?



Academic Resources

Career Resources

Health Resources

Academic Resources

Academic Resources



Use academic resources liberally regardless of whether you have a question or not, whether you are at a roadblock or not. Resources are designed to *elevate your growth.*

If you have questions about your class...

If you feel overwhelmed by classwork...

If you are unsure what to major...

If you want to get advice on what classes to take...

If you find your professor's research topic interesting...

If you are interested in pursuing a graduate degree...

What academic sources are available?



Depending on your interests and needs, there are many resources available to you...



People to go to:

- Professors & Teaching Assistants
- Tutors
- Academic Advisors
- Dean of Students



Places to visit:

- Writing Center
- Quantitative Center
- Library
- IT Department

A great place to start if you have academic related inquiries...

Professors & Teaching Assistants:

- What for?
 - First go-to for course related discussions/questions
 - Pointers on employment
 - Receive tips on navigating college
 - Research topics
 - Scholarship information
 - Questions about graduate schools
- How?
 - Office hours
 - Email





Want one-on-one coaching time?

Tutors

What for?

- Support and help with schoolwork when professors and/or TAs are unavailable or difficult to schedule
- One-and-one guidance

How?

- Many department offers professional or peer tutor service for free—check with your department!

Academic Advisors

What for?

- Questions related to course selection, major selection, major requirement, graduation requirement, study abroad program, exchange program, general advice on how to navigate college...

How?

- You should have an academic advisor assigned to you at the beginning of school year
- Reach out via email to schedule a chat



Dean of Students



What for?

- Typically, one dean will be assigned to a large number of students (could even be the entire class!)
- Serve you in conjunction with your professors and advisors
- Liaisons between students and faculties
- Go to them if you feel uncomfortable communicating with your professors, for instance, an extension on an assignment
- Also serve as advisors to student organizations

In addition to individuals whom you could reach out to, keep in mind that there are institutional set ups that will assist you along the way as well.



Depending on your interests and needs, there are many resources available to you...

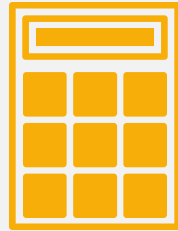


Writing Center

Essay planning

Essay editing

Brainstorming



Quantitative Center

STEM project

Problem set
questions



Library

Research staff help
with finding resources

Order books

Reserve study space



IT Department

Loaning laptop,
mouse, keyboard

Career Resources

What type of
opportunities
are you looking
for?

On-campus employment

Internship

Post-graduate employment